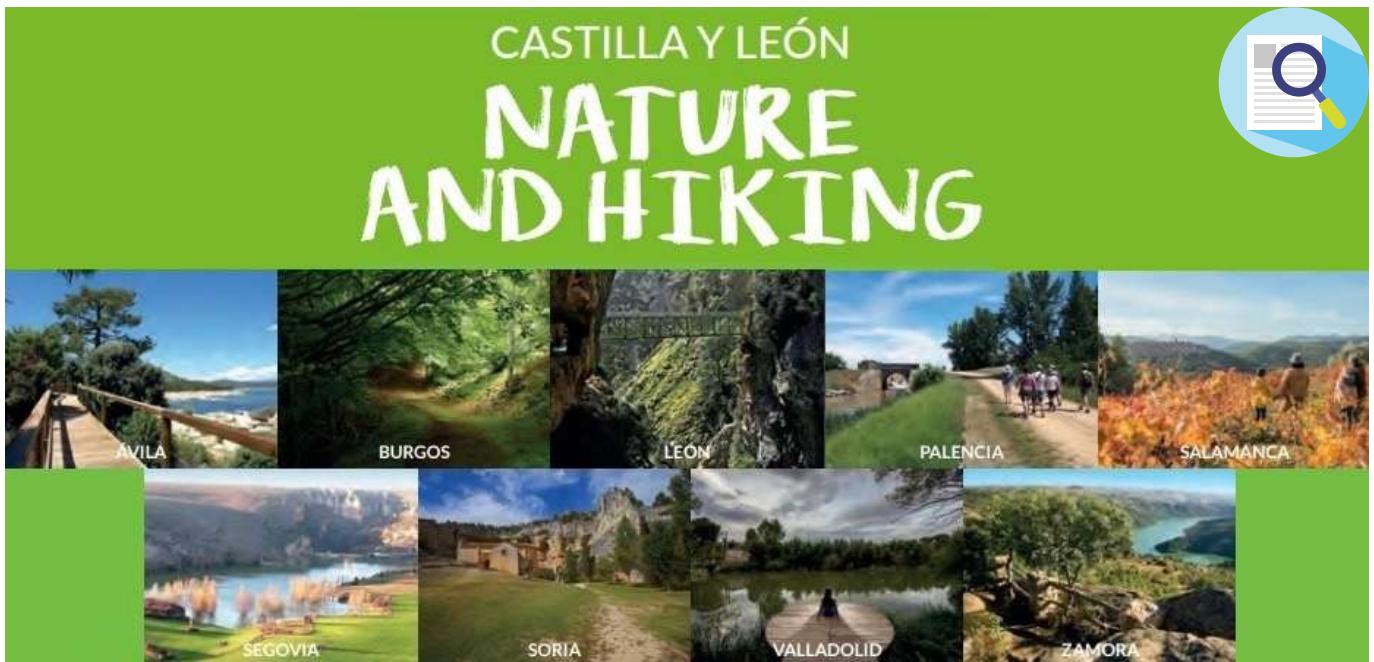


# CASTILLA Y LEÓN



**Castilla y León** is one of Europe's most blessed territories in natural beauty. The opportunities for nature-based tourism in Castilla y León are unrivalled. Our Autonomous Community boasts lush forests, large mountain ranges, incomparable valleys, unique caves, impressive river canyons, rivers, and lakes with a history that dates back millions of years.

The diversity of Natural Areas in Castilla y León make it a first-class destination. To ensure conservation in the Autonomous Community, the Autonomous Government of Castilla y León created the Network of Natural Areas in 1991, which currently comprises more than **30 Protected Natural** Areas of great ecological, geological, and scenic interest. It is also home to 10 UNESCO Biosphere Reserves and Las Loras Geopark, the only UNESCO Global Geopark in Castilla y León.

Furthermore, Castilla y León boasts **10 of the 48 UNESCO Biosphere Reserves** in Spain, which gives a good idea of how important sustainable development is to our Community.

It is also illustrative to highlight the importance of **Las Loras Unesco Global Geopark** which covers part of the north of the provinces of Burgos and Palencia. This is the only UNESCO Global Geopark in Castilla y León.

In this guidebook we plot out a journey through the natural areas of our 9 provinces in a **selection of 90 trails** chosen in partnership with the Department of Development and Environment and the Castilla y León Natural Heritage Foundation. We also include some recommendations of noteworthy trails with a wealth of heritage and/or fauna and flora, which make for a gateway into the beautiful landscapes and ecosystems to be discovered in our Autonomous Community.

Broadly, the trails are signposted and mostly suitable for people of all abilities and have a moderate or low level of difficulty. They are located close to places of interest and feature good facilities. We have used a simple naming system which includes the initials of the province and a number to indicate each of the 10 suggested trails per province, so that you can find them easily on the map we have included and on the tourist information website.

Additionally, we set out **7 long-distance trails** for you, which in their own way take you on an experience full of history and wonderful views in a blend of tourism, the great outdoors, culture, and sport.





Y tú,  
¿Cuándo  
vienes?

## GASTRONOMY PASSPORT OF THE WAYS OF SAINT JAMES

The gastronomy associated with the Ways of Saint James is another fundamental attraction of these ancient routes. This GASTRONOMY PASSPORT OF THE WAYS OF SAINT JAMES is an opportunity for you to discover the variety and quality of the traditional and contemporary dishes you will find along these pilgrimage routes. Delicious recipes made with local produce, the results of the hard work and dedication of magnificent professionals, which are guaranteed to surprise and delight as much as the vast wealth of monumental and cultural heritage, traditions and history you will encounter along the Ways of Saint James.

Using this Passport is a great option, not only because it includes special offers and advantages at restaurants, gourmet and local craft stores along the Way of Saint James, but also the chance to take part in the prize draw for a selection of products and stays; all you have to do is stamp your passport at participating establishments and send it to us.



Customers can stamp their passports at the restaurants and bars, when they order the Jacobeo menu or other items on the menu, or when they purchase items in participating local gourmet food and craft stores.



**Aranda de Duero** has been awarded the title of European Wine City 2020 by RECEVIN, competing with incredible places like Haro, Rueda or La Palma del Condado. Due to the exceptional situation that happened in 2020, it has been extended during the years 2021 and 2022.

In the centre of the extensive fertile plain irrigated by the river Duero, lies the capital of the no less extensive riparian region: Aranda de Duero.

Repopulated in the 9th century, the name of this Castilian city appears for the first time in the Council of Husillos held in 1088. However, it already had very ancient settlements from whose languages it takes its name, Aranda, which means "wide plain", while Duero comes from the river's name. In the 13th century, Sancho IV and Pedro I had already granted the town the privilege of royal status, a status that the people of Aranda never wished to relinquish. Proof of this was demonstrated when, during the reign of Fernando IV, Diego López de Haro wanted to take over the town. The tower of the church of Santa María, built in the 12th century as a defensive feature of the town, bears witness to such courtly intrigues.



Court in the reign of Henry IV, where Archbishop Alfonso Carrillo convened a Council in 1473, held in the church of San Juan. Loyal to the cause of Princess Isabella for the succession to the crown, at the end of the 15th century, beginning of the 16th century, the façade of the church of Santa María, on which the royal coats of arms can be seen, among other works, was built.

The church, built in the 15th century in the Gothic style, is home to a 17th century altarpiece and a beautiful Renaissance pulpit, carved by Miguel Espinosa and Juan de Cambray, among other works of art.

Also Gothic, although earlier than Santa María, is the church of San Juan. The façade is adorned with a portal of pointed arches supported by delicate spires, and a later image of Saint John the Baptist. In the chapel of the Calderonas you can see a Plateresque altarpiece, with paintings by an unknown artist from the early 16th century.



# TOURISM IDEAS IN CASTILLA Y LEÓN



Trashumancia de la raza Avileña-Negra Ibérica  
Pto. del Pico, Ávila (cedida agencia Ical)

## THE FESTIVE DAY OF THE TRANSHUMANCE OF THE AVILEÑA – NEGRA IBERICA RACEBREED

This is an outdoor activity that takes place in Puerto del Pico and consists in observing watching the transhumant cows coming from the pastures of Extremadura on the final stretch before arriving home. The Avilianian Avileña cows walk along the Roman road of Puerto del Pico until they reach the rest area of the same portroute, where a meeting is held in order to spot the arrival of the transhumant herds. This is a truly spectacular sight to behold, accompanied by the imposing Roman road along which the cattle make their way back on foot, step by step. Visitors can enjoy a tasting of local products in the open fresh air. Transhumance is practised partly on foot, with displacements journeys averaging of an average of 250 km between the lands of Extremadura, Castilla-La Mancha and Ávila and, for the most part of it, mostly by truck. Some farmers are accompanied by their horses. At the same time the Transhumance Photo Contest takes place – a contest closely related to this event.



## EL COLACHO, CORPUS FESTIVAL

It This festival will be held in the town of Castrillo de Murcia (Burgos) on the 19th of June. It is a “Fiesta de Interés Turístico” (which means festival that has been declared touristic interest) religious Festival of Tourist Interest in Castilla y León and has a religious nature that resembles a sacramental act. It has been celebrated uninterruptedly held continuously since the beginning of the 17th century. The main character star of this festival is “El Colacho”, a grotesque character who represents the devil, dressed in a brightly coloured outfit and a mask, and whips the townspeople who rebuke him with a horse's tail. Helt jumps over children under one year of age, to purify them and ward off evil from them. This figure has its precedent in the Roman pantomimes and plays of the Middle Ages.



Fiesta del Colacho, Castrillo de Murcia, Burgos



Justas Medievales Hospital de Órbigo 22  
(cedida Ayuntamiento de Hospital de Órbigo)

## HOSPITAL DE ÓRBIGO HOSPITAL CELEBRATES ITS MEDIEVAL JOUST

Hospital de Órbigo celebrates the Medieval Fairs Jousts of Passo Honroso on the first weekend of June. This festival has been declared touristic interestis a Festival of Tourist Interest in Castilla y León and brings together more thangathers crowds of over thirty thousand people each year. The tournament is one of the central acts events of the jousts, a step prior to the battle, along with the parade of banners and knights, as well as the medieval dances, in whichperformed by the ladies are the protagonists, and popular folk music. Tradition tells us that in 1434 Don Suero de Quiñones asked the king for permission to hold a tournament. Since he was deeply in love with Doña Leonor, he made a promise for which he had to fast every Thursday and wear an iron ring around his neck. The tournament lasted about thirty days, during which he showed the intentionalso set out to break, together with nine knights, more than 300 lances belonging to the noblemens and hidalgos from all over Europe who passed therethrough. Two monoliths commemorate this its history on the Puente Honroso bridge of this town that crosses the Órbigo River, one of the longest on the Camino de Santiago. The streets of the town are filled on those days with ladies, gentlemen, merchants, kings, jesters and monks dressed in their best suitsattire. The party ends on Sunday with the celebration of the Great Tournament and the recreation of Don Suero's victory.



**DO YOU KNOW WHERE THE PEÉREZ THE MOUSE KEEPS ALL THE CHILDREN'S TEETH?  
DISCOVER THE ROUTE OF WONDERS IN VELILLA DE RÍO CARRÓN**

Do you want to know where the Perez Pérez the Mouse (the Spanish version of the Tooth Fairy) keeps the teeth he collects from underneath children's pillows? Welcome to the "Ruta de tus Sueños" (the route of your dreams). It is a 3.6 km walk through the town of Velilla del Río Carrión where we will meet the Pérez Family. It is a route designed for all audiences, starting in the enclosure where you can find the site of the Pérez the Mouse's house of the Perez Mouse and its depository hoards of teeth from around the world. This is a place where you will also discover the paths where the Perez mouse moves the little mouse scuttles along, the anthill, the stream, the town, the store of walnuts, hazelnuts, cheese, the photocall inside the tree, and a place where we can see some large centenary oak giant oaks, hundreds of years old. Did you know that he also has a CD with beautiful music for you?

Book a visit:



Ratoncito Pérez, Velilla del Río Carrión, Palencia



Jardín El Bosque, Bejar, Salamanca

**EL BOSQUE IN THE BÉJAR FOREST**

Very close to Béjar, you can find "El Bosque", one of the few examples of a romantic garden in Castilla y León. Its construction is due to have been ordered by the Duke of Béjar, Don Francisco de Zúñiga y Sotomayor, and was built following the guidelines of the Renaissance style. He designed a place of retreat and walk into get away from the world and stroll through a lush forest, rich in with plentiful water, using all the typical elements of the time: pergolas, ponds, fountains, walkways, stairs... The route allows you to contemplate as you pass the old mansion, dating back to the 16th century, and the large pond by the where boats once used to glide. Surrounded by a dense grove of native and foreign species, the visitors can discover walkways, hidden benches or fountains. The nature is organised. Plants arranged with the utmost respect for men and women - it is a dream corner place.



**PEDRAZA**

Pedraza is one of those places where time seems to have stood still. It is a medieval town, which has been declared a "Conjunto Monumental" (monumental ensemble) Monumental Ensemble in 1951. Located on a high stony rocky outcrop, the orography favours its defence, along with its complete wall and a single access door. Once you cross this door through this gate, you travel back in time to the past with its cobbled streets, stately homes with their hallways entrance halls, coats of arms... Its Plaza Mayor, a typical Castilian square, its old prison, located in a medieval building from the 13th century, with its dungeon, wooden cells, shackles... At one end of the town you can find the castle, a 13th-century fortress that was later rebuilt later. It currently houses the museum of dedicated to the painter Ignacio Zuloaga. But, in addition to its culture and heritage, Pedraza offers you its gastronomy, commerce and its most representative festival, "los conciertos de las velas" (the concerts of the candles), which is celebrated on the first and second Saturdays of July. The Villa de Pedraza Foundation organizes this show with featuring renowned artists and they light up the town with thousands of candles, generating creating a special atmosphere throughout the town.



Pedraza, Segovia







Domingo de Calderas, día grande de las fiestas de San Juan  
(cedida agencia Ical)

### FESTIVITIES OF SAN JUAN DE SORIA CAPITAL

Soria changes its featurestransforms during these festivities, which last 5 days. The bull, the wine, the music, the quadrilles and much more take centre stage and turn a normally a quiet city into a bustling one. These festivities have been declared of tourist interest in Castilla y León since 1967. The festivities are opened with a speech from the balcony of the Town Hall. On the next day, which is called "Jueves La Saca Thursday" (Thursday), horses, runners and tame cattle bring the 12 bulls from Valonsadero to the bullring of in the capital. The encierro (the running of the bulls) is 8 km long., a bull run of 8 km. On Fryday, called "viernes de toros""Bull Friday", the bulls are fought in the bullring. The next day, "sábado Agés Saturday" (Saturday) the meat and offal of the steers are sold in anat auction. On Sunday, which is also called "domingo de calderasCauldron Sunday", the most important event takes place, which is is the big day, with the parade of the 12 groups carrying a kind of decorated model. The last day, the "lunes de bailas" (Monday of dances) "Dancing Monday", begins with a procession of the titular saints from each one of the neighbourhoods. In the afternoon, thousands of people from Soria go down to a meadow next to the river Duero to have a snackfor a picnic and, at night, the concert by the Municipal Music Band puts an end tobrings these festivities to a close.



### WINE TOURISM IN VALLADOLID

The province of Valladolid has five designations of origin (Ribera del Duero, Rueda, Cigales, Toro and León), two designation of origin Vino de Pagoappellations for single vineyard wines (Urueña and Vizar), as well as a protected geographical indication (Wines from the land of Castile and Lion Vinos de la tierra de Castilla y León). Every year the "Valladolid Plaza Mayor del Vino" event is held in the capital. It usually takes place in May and the wines of the 5 designations of origin represented by different wineries in the province are tasted together with food from Castilla y León. During In 2022, the Brussels world competition and the FINE international wine tourism fair have also beenwere also held in the city of Pisuegra. If you visit Valladolid, you cannot miss its spectacular wine tourism offer, in which you will not only be able towhere you can not only visit the wonderful buildings of the wineries, but also taste enjoy a good meal with its a great pairing in an incomparable environmentsetting.



Vinos Espumosos, Rueda, Valladolid  
(cedida agencia Ical)



### FAMILY ACTIVITIES: SAIL A CATAMARAN ON SANABRIA LAKE



Cañón fluvial de los Arribes del Duero, Zamora  
(cedida por Europarques Hispano Lusos)

Crossing the Arribes del Duero river canyon from the Miranda do Douro pier by boat is a trip that you cannot miss! You will feel like the Vikings sailing the Castilian fjords. It is a beautiful, quiet one-hour boat trip and you will see where you can spot birds and navigate between the spectacular vertical cliffs, which are up to 200 meters high. It is a wonderful landscape! During this trip, the experts of from the Biological Station explain to the visitors about the ethnographic resources, fauna, flora and geology of the park's tremendous cliffs of the park - both young and old will can learn many thingsa lot. After returning to the Biological Station, the activity continues with a tasting of hearty Porto wines, a visit to the Douro Valley Shop and to the facilities with otters and other species from the International Biological Station's Animal Therapy Program. Then, like good explorers, we recommend looking for viewpoints to see admire the canyon from above. You can find some beautiful ones viewpoints in Fariza, Feroselle, Villadepera, Villardiegua de la Ribera, Mámoles, Pinilla de Feroselle, Abelón, and Villaseco del Pan. And do not miss the tremendous dams of Miranda, Bemposta, Picote and Villalcampo, and the impressive Almendra dam, where scenes from "Terminator 6" were filmed in 2018. Scenes from "Doctor Zhivago" and the Spanish film "La Cabina" (The Telephone Box) were also shot there. Europarques-EBI (International Biological Station) phone: (+34) 980 557 557



**Remember, in Castilla y León, you'll find everything and more...  
WE CAN'T WAIT TO SEE YOU!!!**

# LAS POSADAS REALES DE CASTILLA Y LEÓN PROPOSALS



Posada Real del Canal, Villanueva de San Mancio, Valladolid



For a fully immersive experience involving the nature and authenticity of Castilla y León, we recommend Las Posadas Reales, our high-quality rural tourism brand! Not only will you stay in singular buildings, but excellent accommodations and service are guaranteed! They are the perfect place to stay for an unforgettable experience, immersing yourself in all the activities, heritage and nature of Castilla y León.



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[reservas@torremayorazgo.es](mailto:reservas@torremayorazgo.es)

- **POSADA REAL LOS CINCO LINAJES**

History and Gastronomy: Get to know Arevalo and its relationship with Queen Isabel la Católica, and enjoy TOSTON in our restaurant.  
[www.loscincolinajes.es](http://www.loscincolinajes.es)  
[info@loscincolinajes.es](mailto:info@loscincolinajes.es)  
(roast suckling pig)

- **POSADA REAL DEL INFANTE**

[www.posadadelinfante.es](http://www.posadadelinfante.es)  
[nestepas@posadadelinfante.es](mailto:nestepas@posadadelinfante.es)

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# RUTAS DEL VINO DE CASTILLA Y LEÓN PROPOSALS



Nature is certainly one of the biggest attractions of Las Rutas del Vino de Castilla y León. Hundred year-old vineyards are surrounded by fairytale scenery where flora and fauna coexist in perfect harmony, creating a magical horizon full of contrasts.

Natural, warm and welcoming spaces give our wine and people a unique personality. Nature parks, protected spaces, rivers, tracks and trails will allow you to leave your worries behind and reconnect with yourself. It's nature in its purest form.



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Our countless heritage, our wines, our gastronomy, and our people who welcome you with open arms, an experience that leaves its mark.

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- **ZAMORA WINE ROUTE**

The ideal place to enjoy perfectly preserved spaces that maintain the essence of the past. It is much more than wine. It is wine tourism.

<https://rutavinozamora.com/>

[info@rutavinozamora.com](mailto:info@rutavinozamora.com)



# CASTILLA Y LEÓN INCOMING TOUR OPERATORS PROPOSALS

In this newsletter, we would also like to share the proposals of some incoming tour operators in Castilla y León that organise different activities based on their thorough knowledge of the area and extensive experience.

- **PILGRIMS' ROUTE TO SANTIAGO OPTIONS**

Specialised in the Pilgrims' Route to Santiago.

[www.rutasdelcaminodesantiago.com/historia-del-camino](http://www.rutasdelcaminodesantiago.com/historia-del-camino)

[miguelangel@rutasdelcaminodesantiago.com](mailto:miguelangel@rutasdelcaminodesantiago.com)

- **DESTINO DIVINO**

Wine tourism and family tourism activities.

[www.destino-divino.com/experiencias-en-familia/](http://www.destino-divino.com/experiencias-en-familia/)

[Info@destino-divino.com](mailto:Info@destino-divino.com)

- **NIS-NORTH INCOMING SERVICE SL**

Unique Wine & Gastronomy experience in Rueda, Ribera del Duero and Basque Country.

<https://nis.es/from-madrid-to-bilbao.html>

[cyl@nis-dmc.com](mailto:cyl@nis-dmc.com) or [hello@nis-dmc.com](mailto:hello@nis-dmc.com)

- **TOP RIBERA DEL DUERO**

Receptive tour operator in Ribera del Duero: tourism packs, accommodations, wineries, restaurants, recreational options...

[www.topriberadelduero.com](http://www.topriberadelduero.com)

[info@topriberadelduero.com](mailto:info@topriberadelduero.com)

- **VITORSALAMANCA**

Discover the province of Salamanca through half-day or full-day experiences.

[www.vitorsalamanca.com](http://www.vitorsalamanca.com)

[info@vitorsalamanca.com](mailto:info@vitorsalamanca.com)

- **RESERVASLEON.COM**

Specialised in romantic, cultural and adventure getaways in the city and province of León.

[www.reservasleon.com/zona/1/leon](http://www.reservasleon.com/zona/1/leon)

[reservas@reservasleon.com](mailto:reservas@reservasleon.com)

- **VERONIA TOURS SL**

Customized special interest tours: cultural, pilgrimages, choir, wine and gourmet...

<https://www.veroniatours.com/tours>

[veroniatours@veroniatours.com](mailto:veroniatours@veroniatours.com)

- **ALACARTA WINE & GOURMET TOURS**

Specialised in exclusive trips and experiences focused on wine and cuisine.

[www.alacarta.es](http://www.alacarta.es)

[info@alacarta.es](mailto:info@alacarta.es)

- **BINATUR**

Summer 2020 in Bierzo with children. Holidays with kids.

<https://binatur.es/vacaciones-con-ninos-en-el-bierzo/>

[reservas@binatur.es](mailto:reservas@binatur.es)

- **LA MIRADA CIRCULAR**

Circular route on mountain bikes and running in El Bierzo. 4, 5, 6 and 7-day routes.

<https://lamiradacircular.es/> and <https://lamiradacircular.es/contactar>

[contacto@lamiradacircular.es](mailto:contacto@lamiradacircular.es)

- **MUNDICAMINO**

Receptive tour operator for all pilgrimage routes on the Iberian Peninsula.

[www.mundicamino.com](http://www.mundicamino.com)

[travel@mundicamino.com](mailto:travel@mundicamino.com)

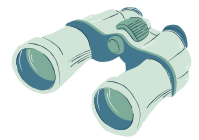


- **CAMINANDOCAMINANDO**

Itineraries for the Pilgrims' Route to Santiago on foot or by bike; hiking and cycling in Spain.

[www.caminandocaminando.com](http://www.caminandocaminando.com)

[info@caminandocaminando.com](mailto:info@caminandocaminando.com)



- **THEWAYTOURS**

Circular tour of the Picos de Europa.

<https://www.thewaytours.com/packages/circular-tour-picos-de-europa-2/>

[info@thewaytours.com](mailto:info@thewaytours.com)

- **CULTUR VIAJES**

Cultural getaways for adults focused on Palencia's Romanesque jewels.

[www.culturviajes.org/escapadas](http://www.culturviajes.org/escapadas)

[info@culturviajes.org](mailto:info@culturviajes.org)

- **SPANISH G EXPERIENCE**

Customised, cuisine-oriented trips through the north of Spain.

[www.spanishgexperience.com/es](http://www.spanishgexperience.com/es)

[travel@spanishgexperience.com](mailto:travel@spanishgexperience.com)

- **SPAIN IS MORE**

Specialists in the north of Spain and the Pilgrims' Route to Santiago.

<https://www.spainismore.es/camino-de-santiago-viajes>

[info@spainismore.com](mailto:info@spainismore.com)

- **VIAJES SALAMANCA**

Since 1992. Taylor made bubble trips . Fly and drive. Golf@wine. Staycations

<https://viajessalamanca.com/> and <https://dmcastillayleon.com/>

[marco@viajessalamanca.com](mailto:marco@viajessalamanca.com)



- **VIAJES TURISCAR**

Tours: Isabella I of Castilla/León and Los Arribes/Salamanca and Castilla Route. 7 days.

[www.viajesturiscar.grupoairmet.com](http://www.viajesturiscar.grupoairmet.com)

[viajesturiscar@hotmail.com](mailto:viajesturiscar@hotmail.com)

- **RUTAS DE VINO - VINTAGE SPAIN**

Break away in the Ribera de Duero area with transportation.

<https://www.rutasdevino.com/enoshop/producto/enoturismo-ribera-del-duero-transporte/>

[jorge@vintagespain.com](mailto:jorge@vintagespain.com)

- **WELCOME CASTILLA Y LEÓN**

Come and experience the history and culture of Castilla y León with us. Guided tours in historic centres.

<https://www.welcomecastillayleon.com/>

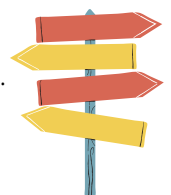
[info@welcomecastillayleon.com](mailto:info@welcomecastillayleon.com)

- **SPACIO LIBRE - DESTINO PALENCIA**

Experts in Getaways, Cultural Routes, Food Routes, for individuals, groups, events and incentives in Palencia city and province.

[www.spaciolibre.com/destino-palencia](http://www.spaciolibre.com/destino-palencia)

[info@spaciolibre.com](mailto:info@spaciolibre.com)



- **INCOMING SALAMANCA**

Specialised in cultural, wine and food tourism in Salamanca and in Castilla y León.

[www.incomingsalamanca.com](http://www.incomingsalamanca.com)

[info@incomingsalamanca.com](mailto:info@incomingsalamanca.com)

- **MUNDILEON**

Incoming tour operator specialized in package tours in León and province. Eco tourism and day excursions.

[www.mundileon.es](http://www.mundileon.es)

[direccion@mundileon.com](mailto:direccion@mundileon.com)

- **ISABEL BOUTIQUE TUR**

Эксклюзивные VIP и MICE путешествия по всей Испании. Культура, виноделие, гастрономия. Индивидуальное составление.

<http://www.isabeltur.com/ru/>

[gala@isabeltur.com](mailto:gala@isabeltur.com)

- **LIVING THE CAMINO**

Pioneer agency, specialized and accredited on the Camino de Santiago at Spain.

[www.livingthecamino.com](http://www.livingthecamino.com)

[info@livingthecamino.com](mailto:info@livingthecamino.com)

- **ALBUR VIAJES BENAVENTE**

Excellently situated in Benavente, a crossroads point, we offer our knowledge in the field of tourism.

[www.viajesalbur.net](http://www.viajesalbur.net)

[viajes@viajesalbur.net](mailto:viajes@viajesalbur.net)

