

CASTILLA Y LEÓN



Y tú,
¿Cuándo
vienes?



<https://www.turismocastillayleon.com/turismocyl/en>



Acebal de Garagüeta, Soria

NATURAL RESERVE ACEBAL DE GARAGÜETA

Man and nature living together

This wood of holly bushes and trees lies in the heart of the northern Central Sierra, in the Montes Claros mountain range in the municipality of Arévalo de la Sierra (province of Soria). It is an extremely dense forest mass, made up almost entirely of holly trees (*Ilex aquifolium*), a protected species.

Autumn brings a riot of colour to this area ' shades of red, ochre, yellow and orange interspersed between the shiny green leaves of the holly tree that stands out from other species of trees and bushes.

The area provides shelter for a number of important species, and in recent years the wildlife in this region has thrived and includes amphibians, reptiles, mammals and birds. The terrain dates back to the Jurassic period, and in most areas visitors will find layers of quartz sandstone interspersed with fine layers of limestone. Large numbers of livestock graze on this land, which impacts on the hillside vegetation. Indeed, the area is rich in natural resources, including pastureland, wood and coal.



TOURISM IDEAS IN CASTILLA Y LEÓN

THE IRUELAS VALLEY NATURE RESERVE



Casa del parque Iruelas, Ávila



Found at the easternmost tip of the Sierra de Gredos range lies the Iruelas Valley, a natural area of great ecological value and special beauty. Several mountain streams flow into it, with the extraordinary Garganta de Iruelas (the Iruelas Gorge) standing out. It has a wide variety of plant species as well as an important wealth of wildlife, having been declared a Special Protection Area for Birds (SPA). The limits of this Nature Reserve extend from the summit of the Cerro de la Escusa to the Burguillo Reservoir. The old village, which has now been restored as a rural tourism centre, can be seen next to the reservoir where the resin workers who worked in the forest used to live. From the natural viewpoint of Puerto de Casillas, there is a spectacular view of the whole valley. At the Iruelas Valley's Casa del Parque (The park's Information Centre), the park monitors provide information about the flora, fauna and other aspects of the Nature Reserve. From here you can follow the accessible circular path to enjoy the views of both the reservoir and the valley.

ARIJA, THE BEACH OF BURGOS

Arija is a small village in the north of Burgos, on the border with Cantabria. Its location and climate make it an ideal place to enjoy nature all year round, with a complete tourist infrastructure: beautiful bathing areas, fine sandy beaches, a jetty, the Puntos Activos where one can receive information on active tourism in the region, recreational areas, a bird viewing area... It is the typical Burgos bathing area within the Official Census of Bathing Areas of Castilla y León. Its water has been rated as Excellent over the last few years by the General Directorate of Public Health of the Junta de Castilla y León, which evaluates the bathing waters of our community. Especially in the summer months, the waters of the reservoir are used for water sports such as canoeing and kitesurfing. The Ebro reservoir is also an ornithological paradise, where numerous species of birds, especially waterfowl, use its waters and wetlands as breeding and wintering grounds. This has led to its inclusion in the Natura 2000 Network and its declaration as a National Waterfowl Reserve, as it is one of the most important wetlands for waterfowl in Spain. It covers an area of more than 6,000 hectares and is 20 km long.



Playa de Arija, Burgos



WINE TOURISM IN BIERZO



Peñalba de Santiago, León

Bierzo's Wine Route is one of the eight Wine Routes found in Castilla y León. It stretches across the west of the province of León, along the Camino de Santiago, bordering Galicia and Asturias. There are nineteen affiliated wineries, all with a strong family tradition, which have been able to pass on this age-old tradition from generation to generation, offering unique experiences for wine lovers. Among its varieties of grapes are mencía, garnacha tintorera and godello. The region is also surprising for its numerous natural and heritage landmarks. There are a variety of hiking and cycling routes which will take you through such beautiful towns as Molinaseca, Villafranca del Bierzo, Ponferrada and Peñalba de Santiago. The star product of the area's gastronomy is the botillo (a type of pork sausage) and quality brands such as the conference pear, the reineta apple, cherries and chestnuts; its avant-garde cuisine is also on the rise.



THE SEVENTH CENTENARY OF THE CATHEDRAL OF PALENCIA 1321-2021

This year marks the 7th Centenary of the Cathedral of San Antolin in Palencia, the "Unknown Beauty". After this great tribute, it will be forever known as the "Well-Known Beauty". Full of history, art and many other curiosities, it is the third-largest cathedral in Spain. Did you know that the first Princes of Asturias, Don Enrique III and Doña Catalina de Lancaster, were married here? That you can visit a Visigothic crypt from the 7th century AD? That there is a Papamoscas, an automaton that every hour on the hour opens its mouth while moving its right arm to operate the clapper of a bell? That there is a representation of a somewhat controversial surgical operation performed by the Medical Saints, Saint Cosmas and Saint Damian? That there is a beautiful and unusual chapel dedicated to the Three Wise Men? That tradition has it that those students who pull the pigtail of Doña Inés de Osorio will pass their exams? That "aliens" guard the Puerta de los Reyes (the Kings' Door)? Or that there is a gargoyle that is a photographer? A Cathedral that possesses authentic artistic treasures by great masters such as Pedro Berruguete, El Greco, Alejo de Bahía, Juan de Flandes, Juan de Valmaseda, Felipe de Vigaray, Gregorio Fernández, the Corral de Villalpando brothers, or Lucas Kranach with his famous anamorphosis of Emperor Charles V, among many others. Enjoy this great event in the city of Palencia, with activities such as concerts, conferences, a festival of lights, a liturgy, etc. Book your visit by phone at 682 081291 / 979 701 347



Catedral de Palencia



Rosquillas de Ledesma, Salamanca

THE ROSQUILLAS OF LEDESMA

The popularity of this gastronomic delicacy typical of the Ledesma area has now spread throughout our province. They are small, hard, spiral-shaped doughnuts, approximately 2.5 cm in diameter. They are entirely handmade, so they come in a variety of shapes and sizes, as well as different shades of colour when baked. It is a product with a hard, compact texture and extraordinary flavour, made from a mixture of flour, eggs, sugar, butter and milk, without the use of preservatives or colouring agents. The recipe for these rosquillas is a closely guarded secret that has been passed down from generation to generation.



RED AND BLACK VILLAGES

In the northeast of the province of Segovia, we have a group of villages that alternate their colours depending on the material used in their architecture. Starting with yellow, typical of calcites, as seen in the villages of Alquité or Martín Muñoz. Alquité, where the portico and three magnificent archivolt of the church of San Pedro stand out, and Martín Muñoz de Ayllón, from whose quarries the slate was extracted for the roofs of the palace of La Granja and the floor of the Cathedral. We move on to the colour red, on account of the strong ferrous components of the building materials used. Examples of this colour include villages such as Villacorta, which boasts the Romanesque portico of Santa Catalina and its 16th-century Mudejar artesonado, or coffered, ceiling; and Madriguera, an active services centre for the area. And finally the colour black, due to the use of slate (Becerril, Serracín, El Muyo or El Negrodo). The Gothic cross, with the shape of its arms imitating tree trunks, is particularly noteworthy. It is located in the church of the Santos Mártires, in El Muyo. A visit to the "La Pedrosa" beech forest, one of the most southerly in Europe, is a must.



Madriguera, Segovia





Castroviejo, Soria

CASTROVIEJO, EL AMOGABLE FOREST INTERPRETATION CENTRE

Duruelo de la Sierra is located in a privileged natural setting in the northwest of the province of Soria, in the heart of a pine forest region at the foot of the Urbión mountain range. One of the most impressive spots in the municipality is Castroviejo. Its rocks, carved out of nature by the erosion of wind, rain, snow and ice, take on incredible and fantastic shapes. Castilla y León treasures one of the most important forest heritage sites in Spain and one of its most important woodlands is located in the Comarca de Pinares. The El Amogable forest Interpretation Centre presents an exhibition that will allow us to discover and understand the forests of Castilla y León through an introduction to the uniqueness of this interesting and well-preserved region.



PEÑAFIEL, CRADLE OF THE RIBERA DEL DUERO

A land known for its wines and the birth of the Infante Don Juan Manuel, author of The Tales of Count Lucanor. Its castle, declared a National Monument in 1917, is currently the Provincial Wine Museum, and both the castle and the various wineries in the town offer wine tasting sessions and guided tours. In the Plateresque church of San Pablo, the chapel of Los Manuel tells the story of the chapel's five centuries of existence. The Casa de la Ribera is one of the best-preserved examples of traditional architecture, which provides a theatrical representation of everyday life at the turn of the century. We cannot leave without visiting the Plaza del Coso, the regional museum of sacred art and tasting the local speciality, roast suckling lamb.



Castillo de Peñafiel, Valladolid



SAIL A CATAMARAN ON SANABRIA LAKE

Live an unforgettable experience with a boat trip on Sanabria Lake aboard the World's First Wind-Solar Catamaran. It is not only the largest glacial lake in Europe, but it is also part of an extraordinary Natural Park, ideal for lovers of mountains, hiking, natural beaches and photography. On this trip, you will experience the magical place that is Sanabria lake. During the trip, technicians carry out an underwater interpretation of the glacier, and plankton is collected for analysis using the on-board microscope. The vessel also has sonar and hydrophone equipment, which will allow the little ones to have a lot of fun.



Lago Sanabria, Zamora (cedida por Europarques EBI)

**Remember, in Castilla y León, you'll find everything and more...
WE CAN'T WAIT TO SEE YOU!!!**

LAS POSADAS REALES DE CASTILLA Y LEÓN PROPOSALS



Posada Real Faenas Camperas, Cabeza de Diego Gómez, Salamanca



For a fully immersive experience involving the nature and authenticity of Castilla y León, we recommend Las Posadas Reales, our high-quality rural tourism brand! Not only will you stay in singular buildings, but excellent accommodations and service are guaranteed! They are the perfect place to stay for an unforgettable experience, immersing yourself in all the activities, heritage and nature of Castilla y León.



Ávila

- **POSADA REAL TORRE DEL MAYORAZGO**

www.torremayorazgo.es
reservas@torremayorazgo.es

- **POSADA REAL LOS CINCO LINAJES**

History and Gastronomy: Get to know Arevalo and its relationship with Queen Isabel la Católica, and enjoy TOSTON in our restaurant.
www.loscincolinajes.es
info@loscincolinajes.es (roast suckling pig)

- **POSADA REAL DEL INFANTE**

www.posadadelinfante.es
nestepas@posadadelinfante.es

- **POSADA REAL QUINTA DE SAN JOSÉ**

www.posadaquintasanjose.es
posadaquintasanjose@hotmail.com

- **POSADA REAL EL LINAR DEL ZAIRE**

www.ellinardelzaire.com
info@ellinardelzaire.com

- **POSADA REAL HOSTERÍA DEL MUDÉJAR**

www.hosteriadelmudejar.com
info@hosteriadelmudejar.com

Burgos

- **POSADA REAL HOSPEDERÍA CONVENTO SAN FRANCISCO**

<http://www.conventosanfrancisco.es/>
hospederia@conventosanfrancisco.es

León

- **HOTEL RURAL EL RINCÓN DE BABIA**

www.elrincondebabia.com
informacion@elrincondebabia.com

- **POSADA CASA DE TEPA**

www.casadetepa.com
casadetepa@casadetepa.com

- **POSADA REAL HOSTERÍA CAMINO**

The base of operations to know all of León and its wines.
<https://www.hosteriacamino.com>
informacion@hosteriacamino.com

Palencia

- **POSADA REAL SANTA MARIA LA REAL**

Discover the best architecture of romanic church in Europe with guide.
<https://www.posadasantamarialareal.com>
reservas@alojamientosconhistoria.com

Salamanca

- **HOTEL RURAL QUINTA DE LA CONCEPCIÓN**

www.quintadelaconcepcion.es
info@quintadelaconcepcion.es

- **POSADA REAL CASTILLO DEL BUEN AMOR**

Come and live history and wine in the middle of the countryside.
www.buenamor.net
castillo@buenamor.net

- **HOTEL RURAL MUSICAL**

www.ruralmusical.es
ruralmusical@gmail.com

- **HOTEL RURAL FAENAS CAMPERAS**

www.faenascamperas.com
info@faenascamperas.com

- **POSADA REAL CASA DEL BRASILERO**

www.casabrasilero.com
info@casabrasilero.com

- **POSADA REAL EL CUARTÓN DE INÉS LUNA**

www.cuartondeinesluna.com/
cuarluna@gmail.com

Segovia

- **POSADA REAL MINGASEDA**

www.posadamingaseda.com
reservas@posadamingaseda.es

- **POSADA REAL EL SEÑORÍO DE LA SERREZUELA**

www.elseñoriodelaserrezuela.com
elsenoriodelaserrezuela@hotmail.com

- **POSADA REAL CASERÍO DE LOBONES**

www.lobones.com
info@lobones.com

- **HOTEL RURAL FINCA FUENTE TECHADA**

www.fincafuentetechada.com
hotel@hotelfincafuentetechada.com

Soria

- **POSADA REAL CABAÑA REAL DE CARRETEROS**

www.posadacarreteros.com
info@posadacarreteros.com

- **POSADA REAL DEL INDIANO**

www.posadadelindiano.com
posadadelindiano@hotmail.com

- **POSADA REAL LA VIEJA CHIMENEA**

www.laviejachimenea.com
info@laviejachimenea.com

- **HOTEL RURAL EL LAGAR DE LA NAVAZUELA**

Wine experience.

www.lanavazuela.com
info@lanavazuela.com

- **POSADA REAL REAL POSADA DE LA MESTA**

www.realposada.com
cungreen16@hotmail.com

- **POSADA REAL LOS TEMPLARIOS**

www.posadalostemplarios.com
info@posadalostemplarios.com

- **POSADA REAL LA ALMAZUELA**

www.almazuela.net
info@almazuela.es

Valladolid

- **POSADA REAL LA POSADA DEL PINAR**

www.laposadadelpinar.com
info@almazuela.es

- **POSADA REAL CONCEJO HOSPEDERÍA**

www.concejohospederia.com
info@concejohospederia.com

- **POSADA REAL LA POSADA DEL CANAL**

www.laposadadelcanal.com
laposadadelcanal@gmail.com

Zamora

- **POSADA REAL LA MULA DE LOS ARRIBES**

www.lamuladelosarribes.com
info@lamuladelosarribes.com

- **POSADA REAL LA CARTERÍA**

Night with illusion in Sanabria.

<http://www.lacarteria.com/ilusiones.html>
posadareallacarteria@gmail.com

- **POSADA REAL LA PASCASIA**

Romantic stay in Sanabria.

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lapascasia@gmail.com

- **POSADA REAL EL SENDERO DEL AGUA**

www.elsenderodelagua.es
elsenderodelagua@gmail.com

- **POSADA REAL DE LAS MISAS**

www.posadadelasmisas.com
posadadelasmisas@gmail.com

- **POSADA REAL LOS CONDESTABLES**

www.posadaloscondestables.com
info@posadaloscondestables.com

- **HOTEL RURAL LA YÉNSULA**

www.layensula.es
reservas@layensula.es

- **POSADA REAL LA POSADA DEL BUEN CAMINO**

www.laposadadelbuencamino.com
info@laposadadelbuencamino.com

RUTAS DEL VINO DE CASTILLA Y LEÓN PROPOSALS



Nature is certainly one of the biggest attractions of Las Rutas del Vino de Castilla y León. Hundred year-old vineyards are surrounded by fairytale scenery where flora and fauna coexist in perfect harmony, creating a magical horizon full of contrasts.

Natural, warm and welcoming spaces give our wine and people a unique personality. Nature parks, protected spaces, rivers, tracks and trails will allow you to leave your worries behind and reconnect with yourself. It's nature in its purest form.



- **CIGALES WINE ROUTE**

Do wine tourism in the Campiña del Pisuerga, with our underground cellars, wine castles, Castilla Waterway (Eurovelo 1) and the [GR296 Trail](#)
<https://www.rutadelvinocigales.com>
info@rutadelvinocigales.com

- **ARLANZA WINE ROUTE**

Feel the essence of Castile with the Arlanza Wine Route. Heart of a land where the history of wine travel through time
<https://www.rutadelvinoarlanza.com/es/en/arlanza-wine-route/>
info@rutadelvinoarlanza.com

- **BIERZO WINE ROUTE**

Wines with their own personality, Nature, Medieval architecture, Major towns, Way of Saint James. We have plans for you!!!!
<https://bierzoenoturismo.com/en/>
info@enoturismoenelbierzo.com

- **RIBERA DEL DUERO WINE ROUTE**

Enjoy your freedom in the Wine Route of Sensations with Origin Denomination.
<https://www.rutadelvinoriberadelduero.es/en>
info@riberate.com

- **RUEDA WINE ROUTE**

Extensive historical and gastronomic legacy. The Castilian landscape, characterised by its green fields and pine forests, changes in this Route.
<https://www.rutadelvinoderueda.com/en/>
info@rutadelvinoderueda.com

- **SIERRA DE FRANCIA WINE ROUTE**

Integrated within the Biosphere Reserve of the Sierras de Béjar y Francia and the Natural Park of the Sierra de Francia Batuecas.
<https://rutadelvinosierradefrancia.com/?lang=en>
info@rutadelvinosierradefrancia.com

- **ARRIBES WINE ROUTE**

A paradise sheltered between granite canyons and metamorphic rocks, known as arribes, arribas or arribanzos, the banks which outline the Douro River.
<https://www.rutadelvinoarribes.com/?lang=en>
hola@rutadelvinoarribes.com

- **TORO WINE ROUTE**

Our countless heritage, our wines, our gastronomy, and our people who welcome you with open arms, an experience that leaves its mark.
<https://www.rutavinotoro.com/en/home-toro-wine-route/>
info@rutavinotoro.com

CASTILLA Y LEÓN INCOMING TOUR OPERATORS PROPOSALS

In this newsletter, we would also like to share the proposals of some incoming tour operators in Castilla y León that organise different activities based on their thorough knowledge of the area and extensive experience.

- **PILGRIMS' ROUTE TO SANTIAGO OPTIONS**

Specialised in the Pilgrims' Route to Santiago.

www.rutasdelcaminodesantiago.com/historia-del-camino

miguelangel@rutasdelcaminodesantiago.com

- **DESTINO DIVINO**

Wine tourism and family tourism activities.

www.destino-divino.com/experiencias-en-familia/

Info@destino-divino.com

- **NIS-NORTH INCOMING SERVICE SL**

Unique Wine & Gastronomy experience in Rueda, Ribera del Duero and Basque Country.

<https://nis.es/from-madrid-to-bilbao.html>

cyl@nis-dmc.com or hello@nis-dmc.com

- **TOP RIBERA DEL DUERO**

Receptive tour operator in Ribera del Duero: tourism packs, accommodations, wineries, restaurants, recreational options...

www.topriberadelduero.com

info@topriberadelduero.com

- **VITORSALAMANCA**

Discover the province of Salamanca through half-day or full-day experiences.

www.vitorsalamanca.com

info@vitorsalamanca.com



- **RESERVASLEON.COM**

Specialised in romantic, cultural and adventure getaways in the city and province of León.

www.reservasleon.com/zona/1/leon

reservas@reservasleon.com

- **ADESUM TRAVEL**

Exclusive experience in Ribera de Duero tasting 14 TOP wines.

<https://www.adesum.com/top-wine-tour.html>

info@adesum.com

- **VERONIA TOURS SL**

Customized special interest tours: cultural, pilgrimages, choir, wine and gourmet...

<https://www.veroniatours.com/tours>

veroniatours@veroniatours.com

- **ALACARTA WINE & GOURMET TOURS**

Specialised in exclusive trips and experiences focused on wine and cuisine.

www.alacarta.es

info@alacarta.es

- **BINATUR**

Summer 2020 in Bierzo with children. Holidays with kids.

<https://binatur.es/vacaciones-con-ninos-en-el-bierzo/>

reservas@binatur.es

- **LA MIRADA CIRCULAR**

Circular route on mountain bikes and running in El Bierzo. 4, 5, 6 and 7-day routes.

<https://lamiradacircular.es/> and <https://lamiradacircular.es/contactar>

contacto@lamiradacircular.es

- **MUNDICAMINO**

Receptive tour operator for all pilgrimage routes on the Iberian Peninsula.

www.mundicamino.com

travel@mundicamino.com

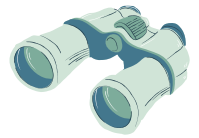


- **CAMINANDOCAMINANDO**

Itineraries for the Pilgrims' Route to Santiago on foot or by bike; hiking and cycling in Spain.

www.caminandocaminando.com

info@caminandocaminando.com



- **THEWAYTOURS**

Circular tour of the Picos de Europa.

<https://www.thewaytours.com/packages/circular-tour-picos-de-europa-2/>

info@thewaytours.com

- **CULTUR VIAJES**

Cultural getaways for adults focused on Palencia's Romanesque jewels.

www.culturviajes.org/escapadas

info@culturviajes.org

- **SPANISH G EXPERIENCE**

Customised, cuisine-oriented trips through the north of Spain.

www.spanishgexperience.com/es

travel@spanishgexperience.com

- **SPAIN IS MORE**

Specialists in the north of Spain and the Pilgrims' Route to Santiago.

<https://www.spainismore.es/camino-de-santiago-viajes>

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- **VIAJES SALAMANCA**

Since 1992. Taylor made bubble trips . Fly and drive. Golf@wine. Staycations

<https://viajessalamanca.com/> and <https://dmcastillayleon.com/>

marco@viajessalamanca.com



- **VIAJES TURISCAR**

Tours: Isabella I of Castilla/León and Los Arribes/Salamanca and Castilla Route. 7 days.

www.viajesturiscar.grupoairmet.com

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- **RUTAS DE VINO - VINTAGE SPAIN**

Break away in the Ribera de Duero area with transportation.

<https://www.rutasdevino.com/enoshop/producto/enoturismo-ribera-del-duero-transporte/>

jorge@vintagespain.com

- **WELCOME CASTILLA Y LEÓN**

Come and experience the history and culture of Castilla y León with us. Guided tours in historic centres.

<https://www.welcomecastillayleon.com/>

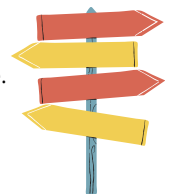
info@welcomecastillayleon.com

- **SPACIO LIBRE - DESTINO PALENCIA**

Experts in Getaways, Cultural Routes, Food Routes, for individuals, groups, events and incentives in Palencia city and province.

www.spaciolibre.com/destino-palencia

info@spaciolibre.com



- **INCOMING SALAMANCA**

Specialised in cultural, wine and food tourism in Salamanca and in Castilla y León.

www.incomingsalamanca.com

info@incomingsalamanca.com

- **MUNDILEON**

Incoming tour operator specialized in package tours in León and province. Eco tourism and day excursions.

www.mundileon.es

direccion@mundileon.com

- **ISABEL BOUTIQUE TUR**

Эксклюзивные VIP и MICE путешествия по всей Испании. Культура, виноделие, гастрономия. Индивидуальное составление.

<http://www.isabeltur.com/ru/>

gala@isabeltur.com

- **LIVING THE CAMINO**

Pioneer agency, specialized and accredited on the Camino de Santiago at Spain.

www.livingthecamino.com

info@livingthecamino.com

- **ALBUR VIAJES BENAVENTE**

Excellent situated in Benavente, a crossroads point, we offer our knowledge in the field of tourism.

www.viajesalbur.net

viajes@viajesalbur.net

